

Sinus Bradycardia



Characteristics

Normal sinus rhythm with a heart rate < 60 bpm
Consistent P wave
PR: 0.12-0.20
QRS: < 0.12
QT: $< 1/2$ R to R

Physical Manifestations

May be asymptomatic
Lightheaded
Syncope
Chest pain
Hypotension

Treatment

Treat symptomatic bradycardia:
Atropine
Epinephrine
External Pacemaker in an emergency

Sinus Tachycardia



Characteristics

Normal sinus rhythm with a heart rate of > 100 bpm
Consistent P wave
PR: 0.12-0.20
QRS: < 0.12
QT: $< 1/2$ R to R

Physical Manifestations

Subjective: feeling of anxiety, racing heart, or chest pain
Objective: decreased BP,

Treatment

Sinus tachycardia is always a symptom of something else: treat the underlying cause
Encourage rest
Administer CCBs like Cardizem or diltiazem

Atrial Fibrillation



Characteristics

A lot of ectopic cells in atria causing it to be "irregularly irregular."
Paroxysmal or persistent
Random QRS spacing
No clear P wave

Physical Manifestations

Irregular fast heart rate
Patients may feel like their heart is racing, or chest pain

Treatment

Because of the increased risk of clots you want to give blood thinners like heparin
Control HR: give CCBs (Cardizem), amiodarone
Cardioversion in extreme cases

Atrial Flutter



Characteristics

A lot of ectopic foci synchronized with each other. SA node firing over and over again. No pause for QRS
HR: < 200 , no P wave, skinny QRS
Regular saw tooth wave pattern

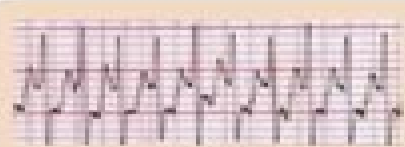
Physical Manifestations

LOC changes
Irregular fast heart rate
Patient may feel like their heart is racing, chest pain

Treatment

Give Heparin and amiodarone
Cardiovert back into sinus rhythm
Long-term: Beta blockers (metoprolol), CCBs (Cardizem)

Supraventricular Tachycardia



Characteristics

HR > 100 (faster than sinus tach)
Skinny QRS, lump in middle
Paroxysmal
Sinus node is not getting a chance to fire

Physical Manifestations

Fainting, dizziness
Chest pain
Rapid pulse
Diaphoretic

Treatment

1: Vagal Maneuvers (like a deep cough)
2: Stable: give Adenosine rapid IV push (6-12-12)
3: Unstable: Cardioversion

Ventricular Tachycardia



Characteristics

Fast PVCs, no atrial kick
Paroxysmal
HR: 150s, fast but not as fast as SVT
No P wave

Physical Manifestations

Cardiac Arrest!!
SOB, chest pain, dizzy, lightheaded, nausea
Palpitations

Treatment

Pulseless: code, CPR, Defib
Unstable w/ pulse: cardioversion (keep filling pulse)
Stable: Try vagal maneuver and adenosine. Amiodarone, cardioversion

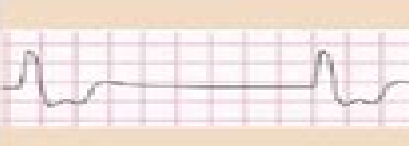
Ventricular Fibrillation



Characteristics

A lot of ectopic foci in ventricles
No P, QRS, T
Basically a wavy line
Lethal

Idioventricular



Characteristics

HR: slow, 40-60
No P wave
QRS: abnormal wide shape (> 0.12)
SA node does not fire, AV node takes over

Study Guide For Ekg Certification Exam Aspt

Jahangir Moini



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Table of Contents Study Guide For Ekg Certification Exam Aspt

1. Understanding the eBook Study Guide For Ekg Certification Exam Aspt
 - The Rise of Digital Reading Study Guide For Ekg Certification Exam Aspt
 - Advantages of eBooks Over Traditional Books
2. Identifying Study Guide For Ekg Certification Exam Aspt
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Study Guide For Ekg Certification Exam Aspt
 - User-Friendly Interface
4. Exploring eBook Recommendations from Study Guide For Ekg Certification Exam Aspt
 - Personalized Recommendations
 - Study Guide For Ekg Certification Exam Aspt User Reviews and Ratings
 - Study Guide For Ekg Certification Exam Aspt and Bestseller Lists
5. Accessing Study Guide For Ekg Certification Exam Aspt Free and Paid eBooks
 - Study Guide For Ekg Certification Exam Aspt Public Domain eBooks
 - Study Guide For Ekg Certification Exam Aspt eBook Subscription Services
 - Study Guide For Ekg Certification Exam Aspt Budget-Friendly Options
6. Navigating Study Guide For Ekg Certification Exam Aspt eBook Formats

- ePub, PDF, MOBI, and More
- Study Guide For Ekg Certification Exam Aspt Compatibility with Devices
- Study Guide For Ekg Certification Exam Aspt Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Study Guide For Ekg Certification Exam Aspt
 - Highlighting and Note-Taking Study Guide For Ekg Certification Exam Aspt
 - Interactive Elements Study Guide For Ekg Certification Exam Aspt
- 8. Staying Engaged with Study Guide For Ekg Certification Exam Aspt
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Study Guide For Ekg Certification Exam Aspt
- 9. Balancing eBooks and Physical Books Study Guide For Ekg Certification Exam Aspt
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Study Guide For Ekg Certification Exam Aspt
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Study Guide For Ekg Certification Exam Aspt
 - Setting Reading Goals Study Guide For Ekg Certification Exam Aspt
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Study Guide For Ekg Certification Exam Aspt
 - Fact-Checking eBook Content of Study Guide For Ekg Certification Exam Aspt
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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