

# Clear Tai Chi 8 Move Set



Opening



1. Rise & Fall



2. Wild Horse x3



3. Brush Knee x3



4. Strum The Lute



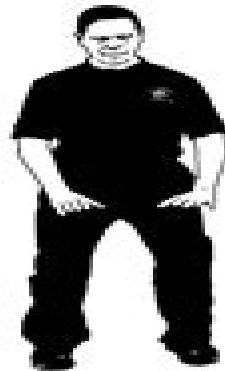
5. Monkey Retreats x4



6. Cloud Hands x3



7. Carry The Cauldron



8. Grand Tai Chi

# Tai Chi Move Manual

**L Towne**

A red circular graphic with a gradient, appearing as a stylized arrow or a decorative element, located to the right of the author's name.

## **Tai Chi Move Manual:**

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