Teenage Pregnancy

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ABSTRACT

Objective: To study the frequency of teenage pregnancy and its complications as compared to controls.

Methods: A retrospective case record analysis of 2522 pregnancies, aged below 25 years was carried out, in the Department of Obstetrics, Riyadh Armed Forces Hospital during the period 1 January 1999 to 31st December 1999.

Results: The incidence of teerage pregnancy for 1999 was 6%. Three hundred and eighty five (76%) were carrying their first pregnancy while 42 (8%) mothers had 2 or more previous pregnancies and deliveries. The birth weight was less than 2.5 kg in 109 (21.5%) adolescents, as compared to 187 (9%) of the controls. The rate of instrumental deliveries and cesarean section in adolescents was 9% and 6% as compared to 5% and 10% in the

controls. Seventy nine (16%) of adolescents delivered prematurely as compared to 216 (11%) of the controls. Forty seven (9%) of adolescents were unbroked compared to 133 (2%) who were controlled. The incidence of pre-eclampsia and preterm delivery in adolescents was 2% and 16% as compared to 1% and 11% in the controls.

Conclusion: Teenage pregnancy, which showed a steady decline from 18% in 1979 to 6% in 1999 was associated with a significantly higher risk of preterm delivery, pre-eclampsia, low birth weight and instrumental delivery.

Keywords: Toomage pregnancy.

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dolescent pregnancy occurs in all societies, but A the level of teenage pregnancy and childbearing varies from country to country. The reproductive pattern in the Kingdom of Saudi Arabia is characterized by pregnancies starting at an early age. by high fertility throughout the reproductive span, by low educational attainment of the mother and by poor coverage by antenatal services.1 Low maternal age has been found to increase the risk of a number of pregnancy complications, preterm delivery, low birth-weight, and elevated risk of prenatal and infant mortality.3 Adolescents and their children represent a population with an increased risk for medical, educational and psychosocial problems.1 Women who begin childbearing in their teenage years face a variety of problems during pregnancy and in later life. They have higher rates of poor obstetric and neonatal outcome, lower educational achievement, higher rates of poverty and welfare dependence. They are less responsive to their infants and may be

more prone to child abuse. Their children perform less well, than children of older mothers on intelligence and vocabulary testing, and are more likely to have behavioral problems and fail at school.* Adequate child spacing is considered a beneficial factor for the health of mother and child. This is increasingly realized in the Western countries. It is also observed in some other countries as a measure to control population growth. The Kingdom of Saudi Arabia is one of the countries where family planning is not usually practiced, resulting in a high birth rate. The total annual deliveries at the Riyadh Armed Forces Hospital (RAFH), Riyadh, Kingdom of Saudi Arabia have increased steadily from 1377 deliveries in 1979 compared to 7860 deliveries in 1999. Like other pregnancies, teenage pregnancies, need not end, in the birth of a buby. There may be a miscarriage or the pregnancy may be terminated by abortion.1 In the United States of America (USA), abortion rather than childbearing is more frequently the option of choice.

From the Department of Obstetrics and Gynecology, Riyadh Armed Forces Bloopstal, Riyadh, Kingdom of Saudi Arabia.

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KJ Lindholm-Leary

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Evidence-based Public Health Amanda Killoran, Michael Patrick Kelly, 2010 A follow up to Public Health Evidence Tackling Health Inequalities this book builds on the themes already introduced and provides a broader perspective on an evidence based approach to public health concentrating on health inequalities **Adolescent Health: Background and Resources in Education**, 2001-10

Working with Young People Sheila Curran, Roger Harrison, Donald Mackinnon, 2013-08-12 Working with Young People is designed to help you develop the knowledge and skills you need for supporting young people as they learn about themselves others and society and prepare for the transition to adulthood It introduces the fundamental concepts and issues that lie at the heart of contemporary work with young people and challenges you to think deeply about the social context of young people values and principles that underpin practice the variety of settings in which practice takes place and the importance of informal learning in the lives of young people Whether you are a new student or returning to study Working with Young Poeple provides a stimulating introduction and a foundation for further study Sheila Curran is Senior Lecturer at The Open University Roger Harrison is Senior Lecturer at The Open University Donald Mackinnon is Lecturer at The Open Teen Pregnancy and Parenting Keri Weed, Jody S Nicholson, Jaelyn R. Farris, 2014-08-01 Whether glamorised University or stigmatised teenage parenthood is all too often used to stand for a host of social problems and empirical research results ignored Identifying core controversies surrounding teen pregnancy and parenting this book resolves misperceptions using findings from large scale longitudinal and qualitative research studies from the US and other Western countries Summarising the evidence and integrating it with a systems perspective the authors explore ten prevalent myths about teenage parents including Teen pregnancy is associated with other behavior problems Children of teen parents will experience cognitive delay adjustment problems and will themselves become teen parents Better outcomes are achieved when teen mothers live with their own mothers Teen pregnancy costs tax payers lots of money Abstinence education is the best way to prevent teen pregnancy Teen Pregnancy and Parenting ends by highlighting the prevention and intervention implications for families practitioners and policymakers It will be of interest to academics and advanced students from a range of disciplines and professions including psychology public policy nursing social work and sociology Disease Control Priorities in Developing Countries Dean T. Jamison, Joel G. Breman, Anthony R. Measham, George Alleyne, Mariam Claeson, David B. Evans, Prabhat Jha, Anne Mills, Philip Musgrove, 2006-04-02 Based on careful analysis of burden of disease and the costs of of other services. second edition of Disease Control Priorities in Developing Countries 2nd edition highlights achievable priorities measures progresstoward providing efficient equitable care promotes cost effective interventions to targeted populations and encourages integrated effortsto optimize health Nearly 500 experts scientists epidemiologists health economists academicians and public health practitioners from around the worldcontributed to the data sources and methodologies and

identified challenges and priorities resulting in this integrated comprehensivereference volume on the state of health in developing countries
Development and the Next Generation ,2006-01-01 The theme of The World Development Report 2007 is youth young people between the ages of 12 to 24 As this population group seeks identity and independence they make decisions that affect not only their own well being but that of others and they do this in a rapidly changing demographic and socio economic environment Supporting young people s transition to adulthood poses important opportunities and risky challenges for development policy Are education systems preparing young people to cope with the demands of changing economies What kind of support do they get as they enter the labor market Can they move freely to where the jobs are What can be done to help them avoid serious consequences of risky behavior such as death from HIV AIDS and drug abuse Can their creative energy be directed productively to support development thinking The report will focus on crucial capabilities and transitions in a young person s life learning for life and work staying healthy working forming families and exercising citizenship For each there are opportunities and risks for all policies and institutions matter

Teen Parents and Their Children, Issues and Programs United States. Congress. House. Select Committee on Children, Youth, and Families,1984 **Public Health Reports**,1983 <u>Rules for Writers with 2009 MLA and 2010 APA Updates</u>
Diana Hacker,2010-06-08 Rules for Writers succeeds because it has always been grounded in classroom experience By looking at her own students needs Diana Hacker created an affordable and practical classroom tool that doubles as a quick reference Developed with the help of instructors from two and four year schools the sixth edition gives students quick access to the information they need to solve writing problems in any college course Amazon com viewed August 7 2020 **na**,

Hearings, Reports and Prints of the House Committee on Interstate and Foreign Commerce United States. Congress. House. Committee on Interstate and Foreign Commerce, 1978 Hearings, Reports and Prints of the House Committee on Education and Labor United States. Congress. House. Committee on Education and Labor, 1978 Health Services Reports ,1988 California. Court of Appeal (2nd Appellate District). Records and Briefs California (State)., Number of Exhibits 1 Adolescent Health ,1991 Handbook of Sexuality-Related Measures Robin R. Milhausen, John K. Sakaluk, Terri D. Fisher, Clive M. Davis, William L. Yarber, 2019-06-25 This classic and invaluable reference handbook written for sex researchers and their students has now been completely revised in a new fourth edition It remains the only easy and efficient way for researchers to learn about evaluate and compare instruments that have previously been used in sex research **Emerging Answers** Douglas Kirby, 2001 This report summarizes three bodies of research on teenage pregnancy and programs to reduce the risk of teenage pregnancy Studies included in this report were completed in 1980 or later conducted in the United States or Canada targeted adolescents employed an experimental or quasi experimental design had a sample size of at least 100 in the combined treatment and control group and measured the impact on sexual or contraceptive behavior pregnancy or childbearing Six chapters focus on 1 Making the Case for Prevention

Efforts Adolescent Risk Taking Behavior and Its Consequences 2 Looking for Reasons Why The Antecedents of Adolescent Sexual Behavior 3 Assessing the Evidence Factors Affecting the Strength of Research Results 4 Emerging Answers The Behavioral Impact of Programs To Reduce Adolescent Sexual Risk Taking 5 Looking Forward Conclusions about the State of Research and the Effectiveness of Programs and 6 Bringing It Home Applying These Research Results in Communities Chapters contain references SM Population Reports ,1995 Maternal and Child Health John Ehiri, 2009-10-03 Our current era of globalization war and socioeconomic unrest has revealed public health as a worldwide concern and a major frontier for social justice with maternal and child health at its epicenter Yet there has been a relative scarcity of training resources specifically dedicated to this crucial area Maternal and Child Health Global Challenges Programs and Policies addresses this gap in current knowledge by analyzing the range of socioeconomic and environmental factors health care disparities politics policies and cultural practices that impact the health and safety of mothers as well as the well being and optimum development of their children Individual sections focus on unequal distribution of the world's resources politics and power specific disease concerns programs policies and emerging concerns with a focus on what is currently being done and what needs to be done to improve the health status of women children and adolescents The book s contributors are some of the world's most respected experts carefully selected to represent different global geographic regions and diverse professional disciplines related to maternal and child health from both academic and field practice perspectives Among the topics in this authoritative volume The impact of war globalization gender inequity and harmful traditional practices e.g. female genital mutilation Specific health concerns including tuberculosis malaria HIV and malnutrition Child and adolescent health issues from abuse and neglect to children in difficult circumstances Pregnancy related issues safety abortion and post abortion care teen pregnancy and more Strategies for planning developing and maintaining maternal and child health systems in developing countries The status of global initiatives such as Integrated Management of Childhood Illnesses and the Millennium Development Goals The status of evidence based maternal and child health in the developing world With such a wealth of information on both practical and conceptual levels Maternal and Child Health Global Challenges Programs and Policies is as relevant to students and researchers in the field as it is to policy makers and those working for global health and development organizations It also makes an excellent stand alone text for courses in global health in general and global maternal and child health in particular

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