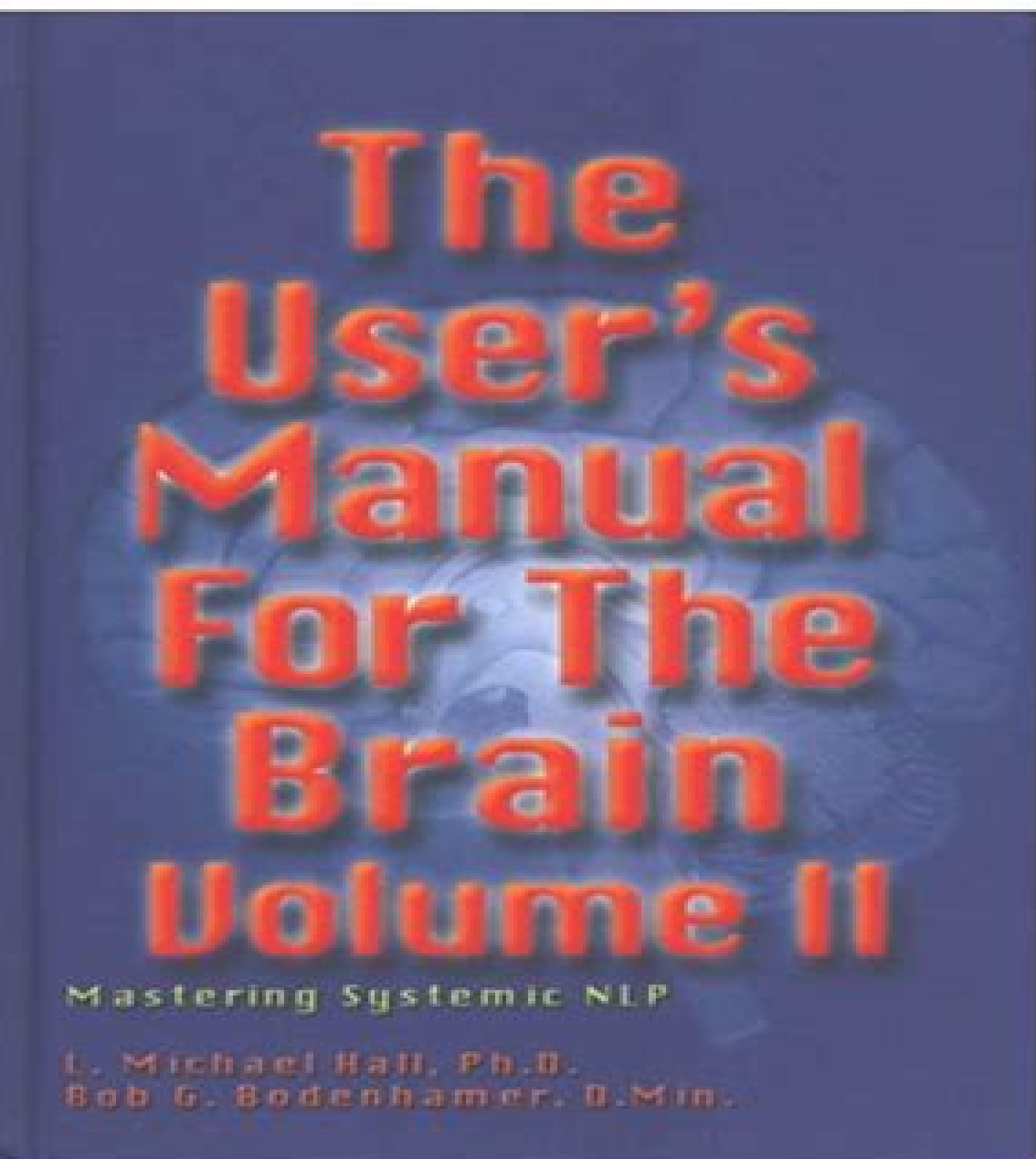




The User's Manual For The Brain Volume II

Mastering Systemic NLP

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The Brain

Alison George, Scientist New, 2018 Congratulations You re the proud owner of the most complex information processing device in the known universe The human brain comes equipped with all sorts of useful design features but also many bugs and weaknesses Problem is you don t get an owner s manual You have to just plug and play As a result most of us never properly understand how our brains work and what they re truly capable of We fail get the best out of them ignore some of their most useful features and struggle to overcome their design faults Featuring witty essays enlightening infographics and fascinating try this at home experiments New Scientist take you on a journey through intelligence memory creativity the unconscious and beyond From the strange ways to distort what we think of as reality to the brain hacks that can improve

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experiences and miss adventures We are born grow up get raised get educated but never get an Owners Manual issued as to how it all should come together to make it work We also do not get any guidance to identify any factory recalls

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Your Brain: A User's Guide National Geographic, 2017-06-13 Both a practical owner's manual and a complete guide to the brain's development and function this valuable reference explores not only the brain's physical form its 100 billion nerve cells and near infinite network of synapses but the interactions that regulate every thought and action Some highlights include The inner workings of our body's most complex organ Foods for mental fitness Mysteries revealed such as why listening to music tunes up your brain

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