

The Muscular System

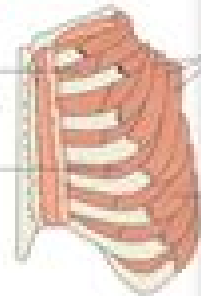
6 page study note

Axial Muscles

MUSCLES OF THE THORAX

Internal intercostals
 - lie deep, posterior to external intercostals
 - flexes ribs posteriorly & inferiorly
 - inspiration

External intercostals
 - most superficial intercostal muscle
 - flexes ribs anteriorly & inferiorly
 - expiring between ribs
 - rib inspiration

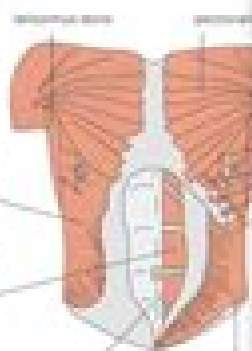


MUSCLES OF THE ABDOMEN

External oblique
 - most superficial of anterolateral abdominal wall
 - flexes ribs anteriorly & inferiorly
 - lateral flexion
 - flexes vertebral column & compresses abdominal wall used in forced expiration

Internal oblique
 - deeper muscle & rotation around vertebral column
 - flexes ribs anteriorly & inferiorly
 - lateral flexion
 - flexes vertebral column & rotation around vertebral column

Rectus abdominis
 - lies on either side of linea alba
 - separated by tendinous intersections
 - functions to flex trunk & aids in forced expiration



Transverse abdominis
 - line of connective tissue down middle of abdomen for muscle attachment
 - flexes trunk & aids in forced expiration

Axial Muscles

Levator palmarum
 - elevates hand
 - flexes wrist

Levator palmarum
 - elevates hand
 - flexes wrist

Levator palmarum
 - elevates hand
 - flexes wrist

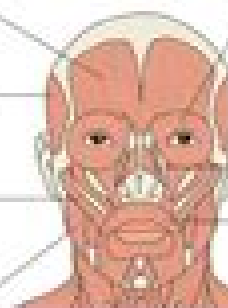
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FACIAL & NECK MUSCLES



Levator palmarum
 - elevates hand
 - flexes wrist

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 - flexes wrist

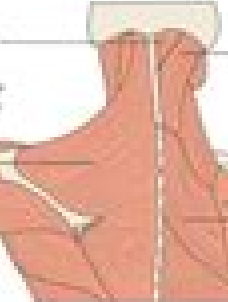
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NECK & BACK MUSCLES



Levator palmarum
 - elevates hand
 - flexes wrist

Levator palmarum
 - elevates hand
 - flexes wrist

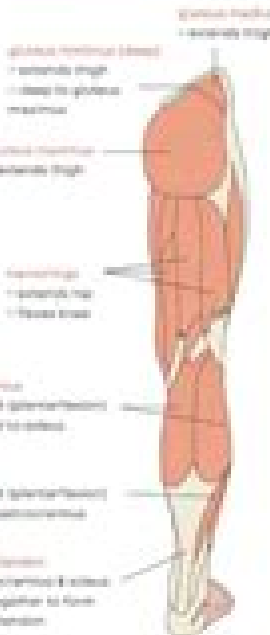
Levator palmarum
 - elevates hand
 - flexes wrist

Lower Limb Muscles

Quick notes:

In correct anatomical terms, "leg" only refers to the region of the lower limb below the knee, while "thigh" refers to the region from the knee to the hip.

POSTERIOR THIGH & LEG MUSCLES



Gluteus maximus
 - extends thigh
 - deep to gluteus medius

Gluteus medius
 - extends thigh

Gluteus minimus
 - extends thigh

Hamstrings
 - extends hip
 - flexes knee

Peroneus
 - extends foot
 - plantar flexion

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 - extends foot
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Study Guide Muscular System

**Eric L Sun, Kevin T. Patton, Frank B.
Bell, Terry Thompson, Peggie L.
Williamson**



Study Guide Muscular System:

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Study Guide for Structure & Function of the Body - E-Book Eric L. Sun, Kevin T. Patton, Frank B. Bell, Terry

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