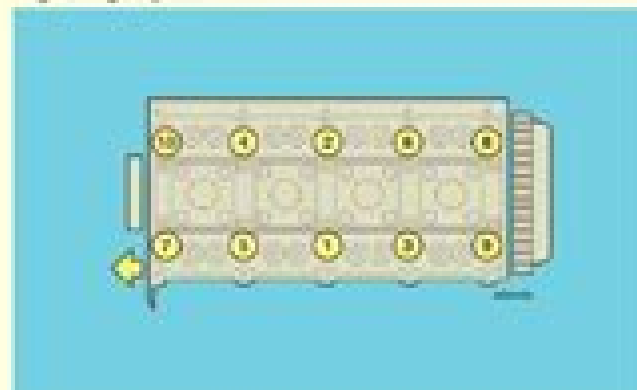


Complete data list

Cylinder head instructions

Tightening sequence



Cylinder head

Stage 1

Stage 2

Stage 3

Other tightening torques

Main bearings

Big end bearings

Big end bearings

Big end bearings

Oil pump to cylinder block

Sump bolts

Sump drain bolt

Flywheel/driveplate

Crankshaft pulley/damper

Camshaft sprocket/gear

Camshaft carrier/cap

Camshaft/rocker cover

Intake manifold to cylinder head

Exhaust manifold to cylinder head

Exhaust downpipe to manifold

Spark plugs

Fuel rail to intake manifold

Camshaft position (CMP) sensor

Engine coolant temperature (ECT) sensor

Renew bolts: Yes

Tighten: 30 Nm

Tighten: 90°

Tighten: 90°

Stage 1:

Renew bolts/nuts: Yes

Stage 1: 20 Nm

Stage 2: 90°

12 Nm

13 Nm

20 Nm

50 Nm+90°

20 Nm+90°

10 Nm+90°

10 Nm+90°

20 Nm

25 Nm

40 Nm

20 Nm

10 Nm

10 Nm

35 Nm

Vw Polo Engine Torque Settings

AW Rasmussen

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the 'AW Rasmussen' text.

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