

## Unit 2 Engage in Personal Development in Health, Social Care or Young People's Settings

Understand what is required for competence in own work role

### 1.1 Describe the duties and responsibilities of own work role

I work as one member of a team of Health Care Assistants in a private nursing home. My aim is to provide the highest standards of care to the residents I care for within the nursing home. This involves respecting the dignity of the individual and ensuring the individual's rights to privacy, dignity, choice and independence are met. I am required to assist residents with mobility problems, providing them with the means to remain mobile eg a walking frame and as much reassurance as is necessary to keep them independently mobile. Some residents have lost the ability to walk and so need a wheelchair. I am required to assist residents with physical disabilities such as incontinence and manual dexterity problems. I help in the care of and use of aids and personal equipment.

I am responsible for making and changing beds and tidying residents' rooms (with permission), undertaking light cleaning duties as needed to ensure that the nursing home is kept clean, pleasant and welcoming at all times.

I follow individuals' care plans carefully, ensuring that all correct procedures are carried out and that contact is polite, friendly, warm and supportive at all times. I respect and maintain residents' confidentiality of information including behaviour, actions and incidents that may occur in the course of day to day care. I report and record any changes in a resident's condition to a senior member of staff on duty. Actions taken as a result of this are reported to all staff members during handover at commencement of a shift. This ensures that all caring and nursing staff are working to the same standards and instructions.

I assist in the administering of medication in accordance with the company's Administration of Medicines Policy. I assist with ensuring individuals receive the correct nutrition according to likes and dislikes, dietary requirements such as diabetes, allergies and weight loss or gain. I aim to assist individuals when eating as required but at the same time ensuring that I do not de-skill them by taking over the task unnecessarily. Our residents' needs vary on a day to day basis, with a task that is beyond an individual's capability one day may be 'doable' the next.

# Unit 1 Engage In Personal Development In Health Social

**Nipin Kalal**



## **Unit 1 Engage In Personal Development In Health Social:**

*Learning Disabilities Care A Care Worker Handbook* Tina Marshall, Layla Baker, 2012-12-21 Working with people with Learning Disabilities Training in Learning Disabilities care You don't have to go it alone Caring for people with Learning Disabilities is one of the most challenging and rewarding roles in Health and Social Care But with a range of awards certificates and pathways available to work based learners it can be a confusing area That's why we've put together a one stop handbook to support your training and continuing professional development in caring for people with learning disabilities Here in one place is all the topic knowledge assessment support and practical advice you will need for a range of learning disabilities qualifications Core topics are linked to the specific learning and assessment objectives you need to cover for up to 22 QCF units Case studies tie learning into the many different situations and roles across Home Care Residential Care NHS and Private Settings This book is especially useful for candidates taking the Level 2 Award in Learning Disabilities Level 2 Certificate in Learning Disabilities Level 3 Award in Learning Disabilities Level 3 Certificate in Learning Disabilities It's also a must have reference for those who want to brush up skills and knowledge from previous qualifications So whatever your level of specialism give yourself the tools you need to survive and support your clients with learning disabilities

**NCFE CACHE Level 3 Child Care and Education (Early Years Educator)** Carolyn Meggitt, Tina Bruce, 2015-05-29 Exam board CACHE Level 3 Subject Early Years and Child Care First teaching 2015 First exams Various dates Help your students master the knowledge and skills they need for the new CACHE Level 3 Award Certificate and Diploma in Childcare Education Early Years Educator Written by experts Carolyn Meggitt and Tina Bruce this is the only resource for the Level 3 Diploma in Childcare Education EYE endorsed by CACHE The approachable writing style makes learning key concepts both easy and enjoyable for all learners and all aspects of the qualification are covered and linked to specific learning outcomes This book will support your students through their assessment and the start of their careers Communicates all the requirements of the new qualification fully with clearly stated learning outcomes and key terms Shows how concepts are applied in real settings with numerous case studies In Practice boxes give students the opportunity to check and reflect on their understanding Includes activity boxes linked to assessment criteria to prepare learners for examinations and assessment

*Resources in Education*, 2001-10 **Health Promotion Throughout the Life Span - E-Book** Carole Lium Edelman, Elizabeth Connelly Kudzma, 2017-07-25 Promote health and wellness for all ages and population groups Health Promotion Throughout the Life Span 9th Edition provides a comprehensive guide to leading health promotion concepts from assessment to interventions to application Its lifespan approach addresses patients unique needs with case studies and care plans with an assessment framework based on Gordon's Functional Health Patterns New to this edition is expanded coverage of genomics and QSEN competencies Written by nursing experts Carole Edelman and Elizabeth Kudzma this bestselling text covers all the latest research and trends in health promotion and disease prevention Separate chapters on population groups

the individual family and community highlight the unique aspects of assessment and health promotion for each group Coverage of growth and development helps you apply health promotion concepts to each age and each stage of development through the lifespan Case studies present realistic situations with questions asking you to apply key concepts and care plans include nursing diagnoses defining characteristics related factors expected outcomes and interventions Quality and Safety Scenario boxes focus on QSEN related competencies with examples of health promotion Innovative Practice boxes outline unique and creative health promotion programs and projects currently being implemented Healthy People 2020 boxes present goals and objectives relating to national health issues and priorities Research for Evidence Based Practice boxes summarize current health promotion studies showing the links between research theory and practice Diversity Awareness boxes address cultural perspectives relating to planning care Hot Topics boxes introduce significant issues trends and controversies in health promotion Think About It clinical scenarios open each chapter and include questions to encourage critical thinking NEW An increased focus on genomics reflects scientific evidence supporting the use of genetic tests and family health history to guide public health interventions NEW Expanded discussion of QSEN competencies is included as related to health promotion NEW Guidelines and recommendations are included from the latest Guide to Clinical Preventive Services from the U S Preventive Services Task Force NEW The latest information about the Affordable Care Act is included NEW Updated photos reflect the latest in health promotion and disease prevention *Jarvis's Health Assessment and Physical Examination - E-Book* Helen Forbes,Elizabeth Watt,2020-09-25 Increased content on screening for family violence and abuse and mental health assessment A suite of point of view videos demonstrating core health assessment techniques for some of the difficult skills and concepts related to health assessment examinations **Comprehensive Textbook of Nursing Management and Leadership\_1e - E-Book** Nipin Kalal,2025-04-11 The textbook covers all the chapters outlined in the revised curriculum for the BSc Nursing programme The content presentation is organized with clear headings bullet points and charts to enhance accessibilityand understanding Diagrams flowcharts and tables have been used to simplify intricate concepts for effortless reference Each chapter aligns with current healthcare regulations safety guidelines and ethical standards in nursingmanagement and leadership The book is beneficial for nursing students educators and professionals at all levels who wish to enhance theirleadership and management abilities End of chapter multiple choice questions short and long answer questions assist students in preparing forcompetitive examinations It promises to enhance the administration capabilities of nurses in a variety of healthcare environments byincorporating the most recent research and evidence based practices Appendix Case based discussions formats scenario based learning and self assessment exercises havebeen covered Digital Resources Complimentary access to MCQs along with the e book is provided *Journal of Health, Physical Education, Recreation* ,1935 *The Journal of Health and Physical Education* ,1935 **Personality Development and Choice of Vocation** Edward Amherst Ott,1924 *Performance-Based Assessment for Middle and High*

*School Physical Education* Jacalyn Lea Lund, Mary Fortman Kirk, 2019-03-21 Performance Based Assessment for Middle and High School Physical Education is a cutting edge book that teachers trust for assessing middle school and high school physical education students Also a highly popular undergraduate text for courses that focus on performance based assessment this new third edition features significant additions enhancements and updates New chapters on effective management and instruction delivery which make it appropriate for PETE instructors using the book for secondary methods courses A new chapter on assessments with various instructional models including Sport Education Teaching Games for Understanding Cooperative Learning Personalized System of Instruction and Teaching Personal and Social Responsibility A new chapter on assessing dance with sample dance units in the web resource A new sample unit on ultimate Frisbee in the chapter on invasion games An expanded section on cognitive assessments with suggestions for writing tests Updated content on rubrics Performance Based Assessment shows readers how to use portfolios to assess fitness and it offers an example of a portfolio assessment for a high school fitness course It also guides readers in using skill tests in physical education Written by two authors with a combined 26 years of experience teaching physical education in public schools the text discusses various assessment formats helping PETE students and in service teachers know both what to assess and how to assess it Readers learn how to develop culminating and progressive assessments as well as plan for continuous performance based assessments and acquire effective teaching strategies for standards based instruction All content is aligned with current SHAPE America national standards and is supported by research from educational assessment giants such as Tom Guskey Richard Stiggins Dylan William Robert Marzano and James Popham The book is organized into four parts with part I introducing readers to performance based assessment issues such as the need for change in the assessment process how assessments can be used to enhance learning the various assessment domains and methods and the use of rubrics in assessments Part II explores aspects of managing and implementing physical education lessons In part III readers learn about the components of performance based assessment and in part IV they delve into issues affecting grading and implementing continuous performance based assessment This groundbreaking text explains the theory behind assessment and through its numerous models shows how to apply that theory in practice The text is filled with practical examples much more so than the typical assessment book And it is supplemented by a web resource that houses forms charts and other material for instructors to use in their performance based assessments Class size skill levels and time factors can make assessments difficult but far from impossible The examples in the book are meant to be modified as needed with the ideas in the book used as starting points Teachers can use the material examples and tools in this book to create assessments that enhance student learning providing them feedback to let them know what they have accomplished and how they can work toward goals of greater competence

**Resources in Vocational Education** ,1980 Public Health and Health Promotion for Nurses at a Glance Karen Wild, Maureen McGrath, 2018-08-27 Public Health and Health Promotion for Nurses

at a Glance is the perfect companion for study and revision for nursing students and practitioners Health promotion is a growing core component of nursing care and this text combines superb illustrations with accessible information to make the key concepts of health promotion clear and easy to understand It also provides guidance for how this can be applied in daily practice in all fields of nursing to promote the health of individual patients and communities Divided into six sections the first looks at the relationship between the outcomes of public health and the outcomes of nursing before going on to explore the definitions and different approaches of health promotion This includes the causes and determinants of morbidity and mortality and the skills and resources that can support nurses in promoting health with individual patients It also examines strategies for working with communities to improve health as well as the ethics of health promotion in nursing The perfect revision and consolidation textbook Closely linked with the public health outcomes as represented by the NMC the 6Cs of nursing essential nursing skills clusters as well as the implications for nursing arising from recent inquiries Highly visual colour presentation with full colour illustrations throughout

### **Fundamentals of Nursing - E-Book** Patricia A.

Potter,Anne G. Perry,Patricia A. Stockert,Amy Hall,2021-12-22 Selected for Doody s Core Titles 2024 with Essential Purchase designation in Fundamentals Learn the concepts and skills and develop the clinical judgment you need to provide excellent nursing care Fundamentals of Nursing 11th Edition prepares you to succeed as a nurse by providing a solid foundation in critical thinking clinical judgment nursing theory evidence based practice and patient centered care in all settings With illustrated step by step guidelines this book makes it easy to learn important skills and procedures Care plans are presented within a nursing process framework that is coordinated with clinical judgement and case studies show how to apply concepts to nursing practice From an expert author team led by Patricia Potter and Anne Perry this bestselling nursing textbook helps you develop the understanding and clinical judgment you need to succeed in the classroom and in your career Guidance & Counselling in School Dr. Manisha Ranjeet Pandey,Dr. Kiran Prashant Yelne,Jyotsna Timande Mahakalkar,2024-05-01 Buy Guidance Counselling in School e Book for B Ed 4th Semester in English language specially designed for RTMNU

Rashtrasant Tukadoji Maharaj Nagpur University By Thakur publication *The Ethical Component of Nursing Education*

Marcia Sue DeWolf Bosek,Teresa A. Savage,2007 This unique text uses hands on examples and learning exercises to help you apply critical ethical principles to specific nursing challenges while addressing a range of patient populations and settings

**Physical Examination and Health Assessment - Canadian E-Book** Carolyn Jarvis,2023-03-14 Learn how to take a clear logical and holistic approach to physical examination and health assessment across the lifespan Using easy to follow language detailed illustrations summary checklists and new learning resources Physical Examination Health Assessment 4th Canadian Edition is the gold standard in physical examination textbooks This new edition reflects today s nursing practice with a greater focus on diverse communities evidence informed content throughout and new and enhanced case studies focusing on critical thinking and clinical judgement It s easy to see why this text is 1 with Canadian nursing students

Approximately 150 normal and abnormal examination photos for the nose mouth throat thorax and pediatric assessment give you a fresh perspective on these key system examinations with cultural diversity and developmental variations Social determinants of health considerations cover the shifting landscape of Canada's populations with strategies for integrating social economic and ethnocultural diversity into students health assessments Assessment strategies relevant to Indigenous populations harm reduction nutrition and transgender persons inform practitioners on respectful complete care Sectional colour bars segment body systems according to content Structure and Function Subjective Data Objective Data Documentation and Critical Thinking Abnormal Findings Documentation and critical thinking sections provide real world clinical examples of specific patients and how to document assessment findings Abnormal findings tables help you recognize sort and describe abnormalities Separate chapter on pregnancy provides a thorough foundation for assessing the pregnant patient Developmental Considerations sections highlight content specific to infants children adolescents pregnant individuals and older adults Content covering the electronic health record charting and narrative recording provides examples of how to document assessment findings Two column format distinguishes normal findings from abnormal findings and uses full colour step by step photos to clarify examination techniques and expected findings Promoting Health boxes focus on this key aspect of Canadian health care Summary checklists offer reviews of key examination steps

**Edelman and Kudzma's Canadian Health Promotion Throughout the Life Span - E-Book** Marian Luctkar-Flude, Jane Tyerman, Shannon Dames, 2025-02-27 Gain the knowledge and skills you need to promote health and prevent disease in Canada Edelman and Kudzma's Canadian Health Promotion Throughout the Life Span Second Edition describes public health concepts from a Canadian perspective helping you to improve community health and reduce health inequities within a diverse population Covering the needs of each age and stage of life this book discusses care of the individual family and community all based on the latest research and trends in Canadian health promotion New chapters address the timely topics of Indigenous health and 2SLGBTBQI health Written by respected Canadian educators Marian Luctkar Flude Shannon Dames and Jane Tyerman this book is the only Canadian nursing health promotion text on the market

**Directory of Distance Learning Opportunities** Modoc Press, Inc., 2003-02-28 This book provides an overview of current K 12 courses and programs offered in the United States as correspondence study or via such electronic delivery systems as satellite cable or the Internet The Directory includes over 6 000 courses offered by 154 institutions or distance learning consortium members Following an introduction that describes existing practices and delivery methods the Directory offers three indexes Subject Index of Courses Offered by Level Course Level Index Geographic Index All information was supplied by the institutions Entries include current contact information a description of the institution and the courses offered grade level and admission information tuition and fee information enrollment periods delivery information equipment requirements credit and grading information library services and accreditation

*Vancouver's Canadian Psychiatric Mental Health Nursing - E-Book* Cheryl L. Pollard, Sonya L.

Jakubec, 2022-05-07 Gain the knowledge and skills you need to provide psychiatric mental health nursing care in Canada Varcarolis's Canadian Psychiatric Mental Health Nursing 3rd Edition uses a practical clinical perspective to provide a clear understanding of this often intimidating subject. It provides a foundation in nursing techniques and a guide to psychobiological disorders such as bipolar and depressive disorders, trauma interventions, and interventions for distinct populations such as children and older adults. Adapted to meet the needs of Canadian nurses by Cheryl L. Pollard and Sonya L. Jakubec, this market-leading text prepares you for practice with real-world examples presented within a Canadian legal, ethical, and cultural context. Canadian focus throughout includes key considerations such as our nation's cultural and social diversity with federal/provincial/territorial distinctions. Canadian research and statistics reflect mental health and mental health practice in Canada. Research Highlight boxes are updated with examples of Indigenous research methodologies by Indigenous researchers and settler allies. DSM-5 boxes provide criteria for disorders covered by the American Psychological Association. Learning features include key terms and concepts, learning objectives, key points to remember, critical thinking, and chapter reviews reinforcing important information and helping to apply textbook content to the clinical setting. Assessment Guidelines boxes summarize the steps of patient assessment for various disorders. Drug Treatment boxes feature the most current generic and trade names for drugs used in Canada. Patient and Family Teaching boxes provide important details that should be discussed with patients and care givers. Integrative Therapy boxes highlight the different types of therapy that may be used to enhance treatment. Considering Culture boxes discuss the importance of cultural safety in providing competent care to diverse populations within various clinical situations. NEW Safety Tip boxes highlight important issues of safety for psychiatric mental health care, patient experiences, and nursing interventions. NEW Added mental health content covers Indigenous populations, migrant populations, and gender differences with a focus on cultural safety, equity-informed approaches, relational and trauma-informed practices. Updated Chapter 29 covers recovery, survivorship, and public mental health approaches. Enhanced topics include substance use disorders, harm reduction, and support among nurses. Changes related to Medical Assistance in Dying (MAiD) legislation and mental health in view of climate change and the COVID-19 pandemic.

*Development Communication and Extension* Mr. Rohit Manglik, 2024-03-26 EduGorilla Publication is a trusted name in the education sector, committed to empowering learners with high-quality study materials and resources. Specializing in competitive exams and academic support, EduGorilla provides comprehensive and well-structured content tailored to meet the needs of students across various streams and levels.

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## **Unit 1 Engage In Personal Development In Health Social Introduction**

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