

2. NAVIGATION



3. THE MAIN MENU OF SPORTS TRACKER APPLICATION



In the application main menu there is a list of the features: New Workout, Training Diary, Routes and Settings. Under the feature name there is information about the current settings: the last activity, number of recorded workouts and routes. You can scroll up and down all the menus in application using the scroll key. Make selections with Selection key.

Sports Tracker User Guide Nokia

Terry C. Jones



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