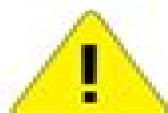


TRX[®]

Accessory Xmount™

INSTALLATION INSTRUCTIONS



IMPORTANT SAFETY GUIDELINES



Professional installation recommended.



Only mount to load-bearing walls or overhead studs or beams.



750 lb. (350 kg) maximum working load.



Hardware can loosen with time.
Regularly inspect Xmount and tighten hardware as required.

Get Started

Required tools

- Drill, with 1/4" drill bit
- Ratchet
- Stud finder

Included parts

- One Xmount
- Two wood stud lag bolts (3/8" x 3")
- Two washers

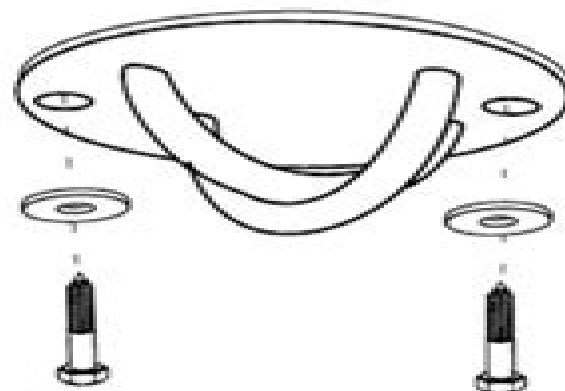
To install Xmount on a concrete surface, use two 3/8" x 3" concrete lag shields.
[Sold separately at www.fitnessanywhere.com or available at hardware stores].

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