

Basketball Tryout Evaluation Form

This form is provided for the coach to judge each player's abilities during tryouts. We suggest that for each area, use a rating scale of 1-5, 5 being the best.

# / Name	Shooting		Dribbling		Passing		Rebounding	Defense			Intangibles	
	Accuracy	Form	Control R/L	Speed R/L	Chest	Bounce		On Ball	Off Ball	Foot Speed	Game Knowledge	Hustle
	-					-						
	+											
					1.7							
											-	
	-			-								

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Tryout Basketball Excel Sheet

Chao Zhang

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web trimyristin is found in the fixed oil of nutmeg the fixed oil comprises approximately 24 40 of the nutmeg seed trimyristin comprises 73 of the fixed oil overall trimyristin should have percent recovery of 18 29 1 figure 1 shows how trimyristin is triester formed from the dehydration reaction between glycerol and myristic acid oh

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web in this lab trimyristin is extracted from ground nutmeg occuring in many vegetable oils as well as myristic acid trimyristin consists of long saturated hydrocarbon chains and it is relatively nonpolar thus using a relatively nonpolar solvent trimyristin can be easily extracted by the concept of like dissolves like

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web the desired components of solids are dissolved in a solvent then the remaining solid is filtered so that the selected

element and solvent are left over in this lab the trimyristin was dissolved into the solvent and the remainder of the nutmeg was filtered out

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web may 1 2011 experiment 3 1 february 2010 grade a small scale extraction of trimyristin from nutmeg introduction the purpose of this experiment is to collect trimyristin from an amount of nutmeg provided trimyristin is a type of triglyceride containing the fatty acid myristic acid also known as tetradecanoic acid

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