

The Yoga Diva

After one particularly intense Kundalini yoga practice, there was no turning back. My kundalini was awakened, my chakras were all open, and the world would never be the same. Like it or not, I became inextricably connected with the universe. I did not choose teaching yoga as a career—it chose me. I was a professional skeptic, adrift in a universe of chanting, auras, guardian angels, Mayan shamans, sex goddesses, lost souls, self-described gurus, and yoga divas. Join me as I room with the world's creepiest human at a yoga retreat, take a session with the Yoga Nazi, adopt a dog under false pretenses, and battle the elements in Central American jungles. Here are my stories.



Rob Dinsmoor is a freelance writer and yoga teacher. The author of dozens of articles on health and medical issues, he has also written comedy scripts for *Nightmare on Elm Street* and *MTV*. He is a frequent contributor to *Entrepreneur*, teaching a red aura on the North Shore of Manhattan while with the elite of mega Montecarlo Bongo. What he is really into is yoga.



The Yoga Diva

Rob Dinsmoor



THE YOGA DIVAS

AND OTHER STORIES



by
ROB DINSMOOR

The Yoga Divas And Other Stories English Edition

Sabine Zange



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Immerse yourself in heartwarming tales of love and emotion with is touching creation, **The Yoga Divas And Other Stories English Edition** . This emotionally charged ebook, available for download in a PDF format (*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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