# SOAP Note #1 (Cardiac)

Name: Lee Walace Gender: Female

Age: 45

#### Narrative:

45 y/o african american f. pt. presents w/ palpitations x1 year (progressively worsening x6 months). Pt. states that the palpitations "come and go" Pt. noted heart palpitations lasting 15 min x1 wk. Pt. reports that it "feels like a little thump right over her heart." Pt. rated discomfort as a 5-7/10. Pt. denies that pain radiates. Pt. states no aggravating / alleviating factors. Pt. denies SOB, CP, LOC, dizziness, and light headedness. Pt. takes 20mg Adderall XR x30 years and drinks coffee 6 to 8 cups / day increased recently. Pt. indicated that she thought it may be related to A-Fib (because her aunt had lt), wants to find out what's going on.

#### Subjective: Patient Interview History of Present Illness:

Onset: x6 months
Frequency: Comes and goes
Duration: 15 minutes

<u>Duration:</u> 15 minutes <u>Course:</u> Worsening

Associated Signs and Symptoms: Feeling of a "thump" in her chest

Aggravating Factors: None Alleviating Factors: None

FIFE:

Feelings: N/A Ideas: A-fib Effect of Function: N/A

Expectations: Find out

Expectations: Find out what is going on

#### Past Medical History:

General Health: Generally healthy
Ongoing Illnesses: None
Serious Illnesses: None
Serious Injuries: None
Hospitalizations / Surgeries: Birth of her only son

Menstruation: N/A

Menstruation: N/A

Medications: Adderall XR (20mg / day for ADHD)

Vitamins / Supplements: None

<u>Allergies</u>: Codine → Bad reaction when she had her wisdom teeth out @ age 20

Alternative Medicine: None

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**Brendan G. Carr** 

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